

# YADVENTURE GUIDES™

We build strong kids, strong families, strong communities.

## A program for Parents & Sons and Parents & Daughters (Grades AK – 3<sup>rd</sup>)

The YMCA Adventure Guides is a program designed for parents and their children (AK – 3<sup>rd</sup> grade) to spend constructive, quality time together. By joining a unique “Circle” of parents and children with whom you’ll participate in activities like games, camping trips, ceremonies and family adventures you and your child will take a journey of discovery and learning together.

This program helps:

- ❖ fosters companionship and understanding and sets a foundation for positive, lifelong relationships between parent and child
- ❖ builds a sense of self-esteem and personal worth
- ❖ expands awareness of spirit, mind and body
- ❖ provides the framework to meet a mutual need of spending enjoyable, constructive and high-quality time together
- ❖ enhances the quality of family time
- ❖ emphasizes the role that parents play in the growth and development of their children
- ❖ offers an important and unique opportunity to develop and enjoy volunteer leadership skills

### 2009-2010 Program Year Recruitment Meetings:

Monday, Aug. 31<sup>st</sup>, 6 p.m. Marion Public Library

Friday, Sep. 4<sup>th</sup>, 6 p.m. Marion YMCA

### Exciting Nation events are held once a month for all circles:

- ❖ Swamp Fox Parade
- ❖ YMCA Camp Wapsie Fall Campout
- ❖ Pinewood Derby Races
- ❖ Bowling, Roller Skating, Play Station
- ❖ Winter Party (Squaw Creek Park)
- ❖ Family Carnival
- ❖ YMCA Camp Wapsie Spring 2010 Campout

For more information about the program,  
contact Donald Hansen at 981-8657

Check us out on the web at [www.marionadventureguides.org](http://www.marionadventureguides.org)

**YMCA MISSION:** To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

## 2009-2010 YMCA Adventure Guides

Please complete and bring form to:

Marion YMCA,  
3100 10th Ave., Marion, IA 52302

Parent/Guardian's Name \_\_\_\_\_

Youth's Name (s) \_\_\_\_\_ M F

Youth's Name (s) \_\_\_\_\_ M F

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Youth's School \_\_\_\_\_ Grade \_\_\_\_\_

Youth's School \_\_\_\_\_ Grade \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

E-mail Address \_\_\_\_\_

YMCA Member Fee: \$10 per person \$ \_\_\_\_\_

Member I.D. # \_\_\_\_\_

Member I.D. # \_\_\_\_\_

YMCA Nonmember Fee: \$25 per person \$ \_\_\_\_\_

Pinewood Derby Car Kit: \$7.00 \$ \_\_\_\_\_

YMCA Camp Wapsie Fall 2009 Campout: \$28 per person \$ \_\_\_\_\_

YMCA Camp Wapsie Spring 2010 Campout: \$28 per person \$ \_\_\_\_\_

Total Amount Paid \$ \_\_\_\_\_

How did you hear about our program? \_\_\_\_\_

**Waiver:** In consideration of my participation in activities sponsored by the YMCA of the Cedar Rapids Metropolitan Area, I assume all risk of injury that may occur to myself, my family, and/or any guests we may invite to participate in YMCA Adventure Guide activities. I do hereby agree to hold free from any and all liability, and otherwise indemnify, the YMCA of the Cedar Rapids Metropolitan Area and their respective officers, employees, agents, volunteers and members and do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for injuries and/or damages which I may have or which may hereafter accrue to me and/or my family arising out of or connected with our participation in any activities of the YMCA of the Cedar Rapids Metropolitan Area Trail Guide and Adventure Guides programming. I hereby declare myself and my family members to be physically sound, capable of, and electing to participate in the activities of the YMCA of the Cedar Rapids Metropolitan Area. Further, I grant the YMCA of the Cedar Rapids Metropolitan Area permission to use photos and/or videos of myself, my family, and/or our guests taken during YMCA programs, and activities to be used in promotional materials, locally and nationally.

Signature of Parent or Guardian

A nation officer will contact you within the following week to be assigned to a circle. If you wish to be a part of a specific circle, please list the circle name: \_\_\_\_\_